Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Saturday 08 Jul 2023 until 23:59 on Sunday 09 Jul 2023

Forecast Issued on Friday 07 Jul 2023 at 16:29 by Met Office Aberdeen

Confidence: Low for timing and extent of rain or thunderstorms on Saturday. Low for extent of any showers on Sunday. High for showery weather early next week.

Headline for Saturday 08 Jul 2023: Windy with afternoon and evening rain or thunderstorms

Mountain weather hazards on Saturday 08 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** Low Likelihood
Gales Medium Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms Medium Likelihood	**Heavy persistent rain** Medium Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Sunny	Sunny	Sunny intervals	Heavy rain showers	Thunderstorm	Heavy rain showers	Light rain showers (night)
Precipitation probability							
00%	00%	00%	00%	60%	60%	70%	60%

Forecast for Saturday 08 Jul 2023

Weather: After a dry and sunny start to the day it will cloud over from the southwest through the morning. The afternoon and evening will showers extending northwestwards, occasionally heavy with a chance of thunderstorms. These are most likely across the Trossachs and southern Lochaber, with a greater chance of drier weather across southern Kintyre and Jura.

Chance of cloud-free hill tops above 800m: 70%

Low Cloud and visibility: Good visibility with cloud above the summits in the morning. Cloud then lowering to 900 metres by late afternoon, with patches down to 500 metres developing across the east of the arrive by evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 08 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	38/47 SE	40/50 SE	42/53 SE	45/58 SE	39/51 SE	36/46 S	27/34 SE	16/20 SE	14/18 SE
900	27/36 SE	28/37 SE	29/40 SE	30/42 SE	28/39 SE	25/35 S	18/25 SE	12/16 SE	11/15 SE
600	30/37 SE	33/41 SE	35/44 SE	36/47 SE	28/38 SE	25/34 S	19/25 SE	8/12 SE	8/11 SE
300	14/24 SE	18/29 SE	17/28 SE	21/34 SE	18/30 SE	15/25 S	10/18 S	4/8 S	5/8 SE
Glen	9/18 NE	12/21 NE	10/20 E	14/30 SE	13/27 SE	11/23 S	5/12 SE	4/7 S	3/6 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	11/5	11/5	12/6	12/6	13/7	11/7	10/6	9/6	8/5
900	11/7	11/7	12/8	15/10	16/11	14/10	12/10	11/9	10/8
600	17/10	17/9	18/9	19/10	19/13	17/12	16/13	14/13	13/12
300	17/14	17/13	18/14	20/15	22/18	19/16	17/16	16/16	15/14
Glen	17/16	17/15	19/17	23/20	24/22	21/19	19/19	16/16	15/15
Freezing Level*	2900m	2700m	2800m	3000m	3200m	3200m	3000m	2800m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Be prepared for summit gales in the morning, and wind speeds across the Nevis ranges may approach 60 mph at times in the morning. Increasing risk of lightning strikes, torrential rain and poor visibility in the afternoon.

Forecast for Sunday 09 Jul 2023

Weather: Much of the day will be warm with sunny intervals, one or two showers breaking out in the afternoon chiefly across the north of the area. Otherwise a reasonable amount of dry weather expected. Much less windy than on Saturday.

Maximum wind: Southwesterly 15 mph

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Good visibility with cloud expected to be above summits

Temperature: **Glens:** Plus 13 rising to 22 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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